



Children's Hospital Colorado

www.childrenscolorado.org

Group Intervention for Children with Autism Spectrum Disorders: Preschool, School Age and Beyond

Metro Speech Language Network Conference February 2018

Amy Frisbie MA, CCC-SLP Amy.Frisbie@ChildrensColorado.org
Maija Gulens MS, CCC-SLP Maija.Gulens@ChildrensColorado.org

Learner Outcomes:

1. Attendees will be able to describe the Early Start Denver Model (ESDM) and its potential application for use with young children with autism and their families.
2. Attendees will be able to identify which children may be appropriate candidates for Social Skills group intervention vs. individual instruction.
3. Participants will be able to discuss multiple procedures and practices for generalization of skills from a clinical setting to community environments.

What do we mean when we talk about “Social Communication”?

http://www.asha.org/uploadedFiles/ASHA/Practice_Portal/Clinical_Topics/Social_Communication_Disorders_in_School-Age_Children/Components-of-Social-Communication.pdf

Remember, in “Neurotypicals” these skills come in very early:

http://www.asha.org/uploadedFiles/ASHA/Practice_Portal/Clinical_Topics/Social_Communication_Disorders_in_School-Age_Children/Social-Communication-Benchmarks.pdf

What about kids who seem to be struggling with Social Communication? Is it Autism?

<http://www.autismnavigator.com/>

So, how do we help? Looking to the literature.....

The National Professional Development Center on Autism Spectrum Disorders (NPDC) reviewed research published through 2011 and identified specific intervention approaches that meet criteria for Evidence-Based Practice in autism.

<http://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/imce/documents/EBP-Matrix.pdf>

The National Clearinghouse on Autism Evidence and Practice (NCAEP) is a continuation of the evidence review that was completed by the NPDC and will review research studies published in the last five years (2012-2017). In the future, NCAEP hopes to expand this important work to identify EBPs for adults on the autism spectrum and to include pharmaceutical interventions. Read more about the Clearinghouse on [this flyer](#). <http://ncaepl.fpg.unc.edu/>

Among others, the EBPs include:

- Social Skill Training (SST) <http://afirm.fpg.unc.edu/social-skills-training>
- Parent Implemented Interventions (PII) <http://afirm.fpg.unc.edu/parent-implemented-interventions>

Children's Hospital Colorado has been offering group intervention in Autism for more than 15 years. Therapy models include:

Early Start Denver Model (ESDM)

Social Skills Groups

Social Thinking Groups

Life Skills Groups

Community Outing Groups

Transition Supports

If you have children who may benefit from participating in a Social Skills Group at Children's Hospital:

- Please have families call 720-777-6611 in order to start the intake process
- See flyer attached

Additional Notes:



Children's Hospital Colorado

www.childrenscolorado.org

Grupo de aptitudes sociales en Children's Hospital Colorado

Social Skills Groups at Children's Hospital Colorado

INFORMACIÓN PARA LA DERIVACIÓN / REFERRAL INFORMATION

**Para confirmar su interés en el grupo de aptitudes sociales,
por favor, llame al equipo de programación al 720-777-6611**

Se recomienda que su hijo participe en el grupo de aptitudes sociales en Children's Hospital Colorado. El grupo de aptitudes sociales está diseñando para los niños cuyos trastornos afectan sus habilidades en la interacción social (incluyendo pero sin limitarse al trastorno del espectro autista) quienes necesitan oportunidades para el aprendizaje sustentadas para el desarrollo de las aptitudes sociales.

El grupo de aptitudes sociales lo dirige una logopeda (terapeuta del habla) junto con una ergoterapeuta (terapeuta ocupacional) —aunque algunos de nuestros grupos los dirigen dos logopedas. Se fomenta que los padres observen cada sesión desde la sala de observación; los materiales (tales como las historias sociales y otros apoyos visuales) se envían a casa para fortalecer las nuevas habilidades. Los objetivos se establecen individualmente para cada niño. Usualmente los grupos se imparten por temporada (invierno, verano, otoño) a lo largo de 8 a 12 semanas.

Si le interesa participar en el grupo de aptitudes sociales para su hijo, le agradecemos que llame al equipo de programación al 720-777-6611 para confirmar su interés en el grupo. En ese momento se le enviará un paquete sobre el grupo de aptitudes sociales para revisión y aprobación, y a su hijo se le incluirá en la lista de espera. Nos comunicaremos con usted cuando haya un espacio disponible en un grupo adecuado para la edad, las aptitudes, las necesidades de su hijo y en la ubicación deseada para la familia.

Si recientemente realizaron una evaluación del habla y lenguaje o a una evaluación de ergoterapia a su hijo en una clínica ambulatoria o escuela, por favor, esté listo para compartir estas evaluaciones con los programadores de citas. Si a su hijo no se le realizó una evaluación del habla-lenguaje o una evaluación de ergoterapia, quizás le pidan realizar una evaluación antes de participar en el grupo de aptitudes con el fin de auxiliar a las terapeutas para que comprendan las necesidades de su hijo y asegurar su éxito con el grupo.



Children's Hospital Colorado

www.childrenscolorado.org

Social Skills Groups at Children's Hospital Colorado

REFERRAL INFORMATION

**To confirm your interest in Social Skills Group please call the scheduling team at
720-777-6611**

Your child can benefit by joining a Social Skills Group at Children's Hospital Colorado. Social Skills Group is for kids who need help learning how to interact with other people.

The group is led by a speech-language pathologist and an occupational therapist or two speech-language pathologists. We ask that parents watch each session from an observation room. We'll send you home with things (such as social stories and other visual supports) that you can use to practice the new skills. We hold the group 3 times a year. Groups run for 10-12 weeks

If you're interested in having your child join a Social Skills Group call the scheduling team at 720-777-6611 to tell them you are interested. We'll send you a social skills group packet to review and your child's name will be added to our waiting list. We'll call you when a space opens in a group for your child's age, skills, and needs in the location you want.

If your child's recently been seen by a non-Children's Hospital Colorado speech-language pathologist or occupational therapist, please tell the schedulers. If your child hasn't had a speech-language or occupational therapy evaluation, you may need to have one done before your child joins a Social Skills Group to help the therapists understand your child's needs.