**SUMMARY OF POSSIBLE SYMPTOMS ASSOCIATED WITH OBSTRUCTION FROM TONSILS, ADENOID, NASAL OBSTRUCTION**

**ORAL CHARACTERISTICS**

* Pooling of saliva
* Tongue Thrust
* Drooling
* Orthodontic Issues
* Sores on margins of mouth
* Open Bite
* Open mouth breathing
* High Arched Palate (Adenoid Faces)

**SIGNS OF SLEEP APNEA:**

* Snoring, labored breathing, observed apnea (cessation of breathing), restlessness
* Excessive daytime sleepiness (teens)
* Hyperactivity
* Bed wetting
* Irritability
* Behavior and Learning Problems

**SPEECH**

* Reduced articulation and sound clarity-IMPRECISION/MUMBLING
* Cul-de-sac resonance (often pharyngeal cul de sac)
* Glottal distortion
* Denasal Resonance
* Mixed Nasal Resonance (seen with cleft palate and obstruction- for example nares are constricted from cleft lip repair)

**EATING**

* Slow eaters….
  + BITE, BREATH, CHEW, BREATH, BITE, BREATH…
* Failure to Thrive (FTT)
* Slow Growth
* Mouth breather
* “Messy” eater

**EARS**

* History of chronic otitis media
* Chronic middle ear fluid
* 2nd set of PE tubes (warrants adenoid evaluation)
* Eustachian tube dysfunction

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